

A WEEKEND OF YOGA

with *Monica Cullinane E-RYT500*



A lively *retreat* infused with spirit.

A great opportunity to go deeper into your true self.
An adventure in human potential in the majestic
settings of Ridgway, CO. At the Kiva at Chipeta Lodge.



OCTOBER 17-19, 2008

Friday 7:00 - 8:30pm

Saturday 9:00 - 11:00am
& 4:30 - 6:30pm

Sunday 9:00 - 11:00am

Cost: \$130.00 before SEP 17
\$165.00 after SEP 17

Limited to 16 people, reserve your space!

Chipeta Sun Lodge & Spa 1800-633-5868

www.chipeta.com Please make your own reservation.

To receive a special rate mention Academy of Yoga!

Please bring: your mat, 2 blankets, 2 blocks, 1 belt

To register send \$ 25 deposit to:

Academy of Yoga

102 South 5th Street

Grand Junction—CO—81501 (970) 255-8029

info@academyofyoga.com www.academyofyoga.com

